



# Drugs Education

Policy updated by:	J Bogges
Reviewed by staff:	Nov 2019
Review due:	Nov 2021
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## Introduction

At the Leicester City Primary Pupil Referral Unit we aim to equip children with the knowledge, understanding and skills that enable them to make the sort of choices that lead to a healthy lifestyle. Our drugs education programme has the primary objective of helping children to become more confident and responsible young people. We teach children about the dangers to health posed by drug taking, and we aim to equip them with the social skills that enable them to make informed moral and social decisions in relation to drugs in society.

## Objectives

The objectives of our drugs education programme are:

- to provide children with knowledge and information about illegal drugs and the harmful effects they can have on people's lives;
- to enable children to discuss moral questions related to drug taking, and so provide a safe environment for young people to share their thoughts and ideas;
- to help children become more self-confident so that they are able to make sensible and informed decisions about their lives;
- to let children know what they should do if they come across drugs, or are aware of other people misusing drugs;
- to help children respect their own bodies and, in doing so, reduce the likelihood that they will be persuaded to become involved in drug abuse;
- to show that taking illegal drugs is a moral issue, and that choices about drugs are moral choices;
- to ensure that all children are taught about drugs in a consistent manner, following guidelines that have been agreed by staff, the Management Committee and parents/carers.

## Organisation

We regard drugs education as a whole school issue, and we believe that opportunities to teach about the importance of living a healthy lifestyle occur throughout the curriculum. Each group teacher answers questions about drugs sensitively and appropriately, as they occur. In the routine circle-time sessions, we encourage children to discuss issues that are important to them, and we help children to be aware of the dangers of the misuse of drugs. For example, if a child raises the



issue of smoking, the teacher takes time to discuss its harmful effects with the whole class. In science lessons, we teach children what a drug is, and how drugs are used in medicine. We also teach them the difference between legal and illegal drugs.

Drugs education is an important part of our school's personal, social and health education (PSHE curriculum). The resources and materials that we use in these lessons are recommended either by the Health Authority or the LEA. Lessons that focus on drug education form part of a sequence of lessons that are designed to promote in children a healthy lifestyle.

The children's group teacher teaches them drug education in normal lesson time. Sometimes the class teacher seeks support from the school nurse or other health professionals. The teaching style we use encourages children to ask questions and reflect on the dangers to health of drug misuse. Children explore issues, such as why people take drugs, and how they can avoid putting themselves in danger in the future. We encourage them to listen to the views of others, and we ask them to explore why drugs are such a problem for society.

## Roles and Responsibilities

### **The role of the Headteacher**

It is the responsibility of the Headteacher to ensure that staff and parents are informed about this drugs education policy, and that the policy is implemented effectively. It is also the Headteacher's role to ensure that staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity.

The Headteacher will liaise with external agencies regarding the school drugs education programme and ensure that all adults who work with children on these issues are aware of the school policy and work within this framework.

The Headteacher will monitor the policy on a day to day basis and report to the Management Committee, when requested, on the effectiveness of the policy.

### **The role of the Management Committee**

The Management Committee has the responsibility of setting down these general guidelines on drugs education and supporting the Headteacher in carrying them out. The Management Committee members will inform and consult with parents about the drugs education policy. They will also liaise with the LEA and health organisations so that the Primary PRU's policy is in line with the best advice available.



## The role of the Parents/Carers

The Primary PRU is well aware that the primary role in children's drugs education lies with parents. We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and cooperation.

In promoting this objective we will:

- inform parents about the school drugs education policy and practice;
- invite parents to view the materials used to teach drugs education in our school;
- answer any questions parents may have about the drugs education their child receives in school;
- take seriously any issue which parents raise with teachers or members of the Management Committee about this policy or the arrangements for drugs education in the school;
- encourage parents to be involved in reviewing the school policy and making modifications to it as necessary;
- inform parents about the best practice known with regard to drugs education so that the parents can support the key messages being given to children at school.

## Monitoring and Review

The Curriculum sub-committee of the Management Committee will monitor the drugs education policy on a biannual basis. The Management Committee takes into serious consideration any representation from parents/carers about the drugs education programme and comments will be recorded. Members of the Management Committee require the Headteacher to keep a written record detailing the content and delivery of the drug education programme taught in the school.